



Reception – PSHE

EYFS Reception

As a prime area of the Early Years Curriculum, PSED (Personal, Social and Emotional Development) is known to be a vital part of Early Learning. All key areas of the Early Years PSED curriculum are covered in creative and innovative ways within our EYFS.

Autumn	Spring	Summer
Build constructive and respectful relationships. • Manage their own needs	Express their feelings and consider the feelings of others. Show resilience and perseverance in the face of challenge. Give focused attention to what the teacher says. responding appropriately even when engaged in activity and show an ability to follow	Identify and moderate their own feelings socially and emotionally. Think about the perspectives of others. See themselves as a valuable individual.
ELG		
Self Regulation ELG	Managing Self ELG	Building Relationships ELG
Show an understanding of their own feelings and those of others, and begin to regulate their behaviour Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions	Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. Explain the reasons for rules, know right from wrong and try to behave accordingly. Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.	Work and play cooperatively and take turns with others. Form positive attachments to adults and friendships with peers. Show sensitivity to their own and to others' needs