

MARCH 2024

Staffordshire Moorlands Family Hub

Staffordshire Moorlands Family Hub,
Albert Street, Biddulph, ST8 6DT
01782 297970

All Saints (CE) V First School, Kids Club Room,
Cheadle Road, Leek, ST13 5QY

St Pauls Church Hall, Novi Lane, Leek,
ST13 6NR

Endon Village Hall, ST9 9DR
Brown Edge Village Hall, ST6 8TB
Werrington Village Hall, ST9 0JS

Beresford Family Hub, ST13 6NR
St Giles The Abbott Cheadle ST10 1HU

Waterhouses Methodist Chapel, Leek Road,
Waterhouses, ST10 3HN

Home-Start Staffordshire Moorlands, Earl
Street, Leek, ST13 6TJ
Kingsley Holt Centre ST10 2BQ

**FPC = Children's
Centre Free Pass Card
Accepted up to a value of £5
per participating session**

 **Staffordshire
County Council**

MONDAY

Little Doves Under 5s
Playgroup FPC
**Waterhouses Methodist
Chapel, ST10 3HN**
Fun & Friendly baby & toddler
group. Free play, craft, dancing
and bubbles!
Drop In 9.15AM - 11.00AM
0-5 years £2.00 per family **FPC**
For details go to @Little Doves
Under 5s Playgroup Waterhouses

Craft & Play
**St Giles The Abbott Cheadle
ST10 1HU**
Come and join us for a morning
of crafts and play. Suitable for
Pre-school children with
parents/carers.
10:15AM- 11:45AM
FREE - TERM TIME ONLY
Tel: 01538 387231

Breastfeeding Support Group
**Staffordshire Moorlands
Family Hub, ST8 6DT**
Parent Led Support Group. A
chance for mums to meet other
mums. Refreshments provided.
FREE
10:00AM-11:30AM
Call 01782 297970 for details

Busy Little Bees
Craft & Play
****Starts 15th April****
**Staffordshire Moorlands
Family Hub, ST8 6DT**
An interactive themed session
each week for parents and carers
with little ones aged 0-4 years.
1:30PM-2:15PM
FREE-DROP IN SO NO NEED TO
BOOK
For details call: 01782 297970

MONDAY

Chat & Play
**Home-Start Staffordshire
Moorlands ST13 6JT**
Free Group Play for parents and
carers of children with additional
or emerging needs
Suitable for Pre-school children.
10:00AM- 11:30AM
FREE - TERM TIME ONLY
Tel: 01538 387231

TUESDAY

Childminders Networking
Group
**Staffordshire Moorlands
Family Hub, ST8 6DT**
A group for local childminders
and their minded children to
meet up and play.
9:30AM - 11:30AM 0-5 years
FREE
Tel: 01782 297970

Little Stars Childcare Stay and
Play FPC
**Beresford Family Hub, ST13
6NR**
For parents and carers with
children aged 0-4 years.
Morning snack for the little ones
and hot drinks for the grown ups.
Lots of activities, support and
advice.
9:15am-11:15am
£2.00 per child (50p per
additional sibling)
Drop in so no need to book

TUESDAY

Little Feet Gymnastics FPC
**Staffordshire Moorlands
Family Hub, ST8 6DT**
****TASTER SESSION 19TH
MARCH****
Semi structured gymnastics class
for confident walkers upwards
10:00AM - 10:45AM
£5.50 per session
To book a place and for more
information contact Jodie on
littlefeetgymnastics@yahoo.com
or call 07793063393

Craft & Play
**Home-Start Staffordshire
Moorlands ST13 6JT**
Come and join us for a morning
of crafts and play. Suitable for
Pre-school children with
parents/carers.
10:00AM- 11:30AM
FREE - TERM TIME ONLY
Tel: 01538 387231



Yogi Dots FPC
**Staffordshire Moorlands
Family Hub, ST8 6DT**
Baby Massage and Mum and
Baby Yoga.
1:00-PM - Baby Massage
2:-00PM Mum and Baby Yoga
£30 for a 5 week course **FPC**
Tel: 07791 411725

TUESDAY

Back 2 Basics Staffordshire Moorlands Family Hub, ST8 6DT

Starts 16th April*

A structured themed session for parents and carers with little ones aged 0-4 years
1:30PM—2:15PM
FREE—DROP IN SO NO NEED TO BOOK
For details call: 01782 297970



WEDNESDAY

Endon Little Learners Endon Village Hall Play and Learn session

9:30am—11:30am
0-5 years
Voluntary donation of £2.50 and
50p per additional child
Tel: Kate on 07921 253749

WEDNESDAY

Peter Pan SEND Stay and Play FPC Staffordshire Moorlands Family Hub, ST8 6DT

****STARTS 17TH APRIL****

Play and Learn in a safe and secure environment. Receive advice and support from our early years SEND experts. Meet other families and share experiences. running every other week. Please note that this session is open to Staffordshire Local Authority families only Please also note that booking is essential.
10:00AM—12NOON (Fortnightly)
£5.00 per session
For booking
email:familysupport@thepeterpancentre.co.uk

Craft & Play Home-Start Staffordshire Moorlands ST13 6JT

Come and join us for a morning of crafts and play. Suitable for Pre-school children with parents/carers.
10:00AM- 11:30AM
FREE - TERM TIME ONLY
Tel: 01538 38723

Please visit our Facebook page to find a full description of the sessions

'Staffordshire Moorlands Children's Centre'



THURSDAY

Bloom Baby FPC St Pauls Church Hall , Novi Lane, Leek, ST13 6NR

A gentle baby development class that encourages the natural development of babies from 0 to 15 months
10:00am—10:45am Busy Bees (6-15 months)
11:15am—12noon Caterpillar Club (0-6 months)
12:30pm-1:15pm Caterpillar Club (0-6 months)
<https://bookwhen.com/bloombakewellleek>



Craft & Play Kingsley Holt Centre ST10 2BQ

Come and join us for a morning of crafts and play. Suitable for Pre-school children with parents/carers.
10:00AM- 11:30AM
FREE - TERM TIME ONLY
Tel: 01538 387231

THURSDAY

From Pram to Primary (0-11yrs)

All Saints' Kids Club Room
Are you struggling with your child's behaviour; mealtimes and bedtimes becoming a challenge? If your child is aged between 0-11 years, then this programme could be for you.
9:30AM - 11:30AM FREE
****BOOKING ESSENTIAL****
Email:
Groupwork@staffordshire.gov.uk
Or call Carol 01782 297970

Simply Play Babies Staffordshire Moorlands Family Hub, ST8 6DT

Spend time with your baby, have fun and try out lots of different activities. 10 week course.
1:00PM—2:30PM
FREE 0-12 months
****BOOKING ESSENTIAL****
Email:
Groupwork@staffordshire.gov.uk
Or call Carol 01782 297970



FRIDAY

Bloom Baby FPC

Brown Edge Village Hall ST6 8TB

A gentle baby development class that encourages the natural development of babies from 0 to 15 months

09:45am—10:30am Busy Bees (6-15 months)

11:00am—11:45am Caterpillar Club (0-6 months) <https://bloombabyclasses.com/north-staffordshire/>

Little Stars Childcare Stay and Play

Beresford Family Hub, ST13 6NR

For parents and carers with children aged 0-4 years. Morning snack for the little ones and hot drinks for the grown ups. Lots of activities, support and advice.

9:15am-11:15am

£2.00 per child (50p per additional sibling)

Drop in so no need to book

Wake Up Shake Up Breakfast Club

Staffordshire Moorlands Family Hub, ST8 6DT

Stay and Play includes Breakfast. For parents and carers with little ones aged 0-4 years. Fun and friendly group with lots of toys and soft play 9.30am—11:00am FREE For details call 01782 297970

FRIDAY

Childminders Networking Group

Staffordshire Moorlands Family Hub, ST8 6DT

A group for local childminders and their minded children to meet up and play.

9:30AM - 11:30AM 0-5 years

FREE

Tel: 01782 297970

Bloom Baby FPC

Werrington Village Hall ST9 0JS

A gentle baby development class that encourages the natural development of babies from 0 to 15 months

9:45 - 10:30am Busy Bees

(6-15 months)

11:00am - 11:45am Caterpillar Club (0-6months)

For booking go to

<https://bloombabyclasses.com/north-staffordshire/>

If you need to speak to a Health Visitor please call the Hub on 0300 303 3923



FRIDAY

Boogie Mites Music and Movement FPC

All Saints Kids Club Room

An interactive music and movement session for children age Birth to 5 years accompanied by an adult. Boogie Mites aims to teach in a fun and enjoyable way with both child and parent/carer having fun together.

Theme changes monthly

Boogie Mites (Mitie)s

9:30AM - 10:15AM

18 months +

Boogie Mites (Teenie)s

10:30AM - 11:15AM

Suitable from crawling—18mths

Boogie Mites (Babie)s

11:30AM - 12:15PM

Suitable from birth to crawling

£30 for a 6 week course **FPC**

Email: Paula [https://](https://bookwhen.com/)

bookwhen.com/boogiemitesnorthstoffs

Leek Breastfeeding Group

Homestart Staffordshire Moorlands ST13 6JT

A parent-led breastfeeding support group. A relaxed and friendly environment within which to discuss issues and develop confidence.

1.00PM - 2.30PM 0 - 5 years

FREE

Facebook: @leekbreastfeeding

Tel: 01782 297970

Sensory Room

A Sensory Room is a special, peaceful place that has a range of stimulating equipment that provides an environment that enhances both learning and relaxation for babies and children. Please feel free to hire our room on your own or bring along family or friends.

Our room holds 4 and includes bubble tubes, specialised lighting, projector images, stimulating toys, fibre optics and much more.

£2.50 per hour

Staffordshire Moorlands Family Hub

Biddulph ST8 6DT
Tel: 01782 297 970

The Sensory Room is available Monday to Friday 9.00am - 16.00pm
The room holds a maximum of 4

Safer Sleep WEEK
Running from 11-17 March 2024

Safer Sleep Week is The Lullaby Trust's national awareness campaign targeting anyone looking after a young baby

Always sleep your baby on their **back**
in a **clear** cot or sleep space

Tragically, around 5 babies each year die locally from SIDS and if parents were aware of safer sleep advice many lives could be saved.

This year's campaign will show parents and carers the simplest way to create a safe sleep space for their baby; a space that will help to protect babies' vulnerable airway and reduce the risk of SIDS and accidents.

You might spot some children and colleagues wearing their 'g's to work' - this is all to highlight 'safer sleep' messages and raise awareness with anyone looking after a baby.

Go to the JCB's: Staffs, Shrop, W. Midlands, Staffordshire, and Shropshire and Staffordshire JCB Staffs@shropshire.gov.uk

SUPPORT FOR YOU AND YOUR FAMILY IN STAFFORDSHIRE MOORLANDS

Healthy Start Vouchers

Are you pregnant or have children under four? You may qualify for the Healthy Start voucher scheme to help you buy food, milk and vitamins.



Staffordshire County Council FAMILY HUB VOLUNTEER PROGRAMME



Do you have a few hours to spare each week? Would you like to come and volunteer in your local Children's Centre? We have opportunities for volunteers to come and support our delivery across the Staffordshire county. If you would like to find out more please contact Debbie Burgess or scan the QR code below to apply now

Call 07704 798133 Email debbie.burgess@staffordshire.gov.uk



Family Action Staffordshire Family Support and Outreach Service

Providing support for children and young people from 0-19 years and up to 25 years for those with Special Educational Needs and Disabilities

Telephone
Newcastle & Staffordshire Moorlands
01782 228963
Email: Staffordshire@family-action.org.uk
Web: www.family-action.org.uk

Staffordshire Moorlands has a wealth of support for you and your family. Please visit Staffordshire Connects for more details



Hungry Little Minds HUNGRY LITTLE MINDS

Sign up to Hungry Little Minds Staffordshire and Stoke on Trent for free and you will get 2 emails a month showing you how you can help your baby's brain develop, support with activities and check to see when your baby's health checks are due.



FAMILY HUBS



We've created a hub for families in Staffordshire. To keep them happy, healthy and safe.

We can answer your questions and help you find support and share ideas.

We also have some fantastic projects to share with you from cooking with the family on a budget, being creative with craft activities to setting up some exciting play opportunities with our Community Crates Fun activities.



Click on the QR code to take you to our Family Hub page for more details.



Mum to be? Quit for me!



Help your baby by stopping smoking.

Smoking in pregnancy:

- reduces the oxygen getting to your baby
- increases the risk of miscarriage, stillbirth and cot death

We offer:

- 12 weeks of support tailored to your needs
- Free nicotine replacement therapy

We can help:

- If you live in Staffordshire*
- If you smoke tobacco products
- If you are pregnant, or have had a pregnancy within the last 6 months
- If you live with someone who is pregnant, or has had a pregnancy within the last 6 months

What do I do now?
Visit: staffordshire.everyonehealth.co.uk
Email: eh.staffs@nhs.net
Tel: 0333 005 0095



Connecting you with help and support in your community.



Visit the new Staffordshire SEND Local Offer (Special Educational Needs and Disability)

www.staffordshireconnects.info

For children and young people aged 0-25 years

The best place to go to find information about SEND support in Staffordshire.

- Early years and childcare
- Education
- Social Care
- Health and Wellness
- Travel and transport
- Places to go, things to do
- Preparing for adulthood
- Money Matters
- Extra Help available to children, families and settings
- Information and support including support groups and organisations
- Policy information, referral mechanisms, forms and templates

Email: localoffer@staffordshire.gov.uk

