

DID YOU KNOW?



We have teamed up with Better Health Staffordshire to work towards our shared vision of encouraging children to make healthier food choices.

Check out our menu to see which day they've chosen to promote.



FREE SCHOOL MEALS



All pupils between reception and year 2 are entitled to a free nutritious school lunch.

Everyone automatically gets Universal Infant FREE school meals and can benefit by £458 per child per year. If your child is in year 3 or above, find out if they could still qualify for a free school meal by contacting the school office.



### SPECIAL DIETS

If your child requires a special diet for medical reasons, please check out our website

[www.edwardsandward.co.uk](http://www.edwardsandward.co.uk)

for a full list of FAQs and to complete our online form.



# MENU

January-July  
2024

Staffordshire



edwards and ward  
a recipe for success

## WEEK ONE

## WEEK TWO

## WEEK THREE

MONDAY

Margherita Pizza with Jacket Wedges (V)(WG)  
 or Penne with Vegeballs in Tomato Sauce (Ve)(WG)  
 Choice of Filled Jackets or Tomato Pasta  
**Green Beans, Sweetcorn**  
 St Clement's Shortbread (Ve)



Penne with Beef Bolognese (WG)  
 or Veggie Cottage Pie (Ve)  
 Choice of Filled Jackets or Tomato Pasta  
**Broccoli, Garden Peas**  
 Apple Crumble (Ve)(WG) with Custard (V)

TUESDAY

Roast of the Day with Roasties, Stuffing & Gravy  
 or Homemade Veggie & Stuffing Roll with Roasties  
 & Gravy (Ve)  
 Choice of Filled Jackets or Tomato Pasta  
**Cauliflower, Sliced Carrots**  
 Chocolate Mousse with Pears (V)

Margherita Pizza with Jacket Wedges (V)(WG)  
 or Beany Chilli with Rice (Ve)(WG)  
 Choice of Filled Jackets or Tomato Pasta  
**Green Beans, Sweetcorn**  
 Lime Shortbread (Ve)

Cottage Pie  
 or Veggie Chow Mein (Ve)  
 Choice of Filled Jackets or Tomato Pasta  
**Broccoli, Garden Peas**  
 Chocolate & Pear Sponge with Chocolate Custard  
 (V)

Roast of the Day with Roasties, Yorkshire & Gravy  
 or Roasted Butternut Squash with Roasties,  
 Yorkshire & Gravy (V)  
 Choice of Filled Jackets or Tomato Pasta  
**Cauliflower, Sliced Carrots**  
 Jelly (Ve)

Margherita Pizza with Jacket Wedges (V)(WG)  
 or Penne with Veggie Bolognese (Ve)(WG)  
 Choice of Filled Jackets or Tomato Pasta  
**Sweetcorn, Green Beans**  
 Vanilla Iced Shortbread (Ve)

Pork or Chicken Sausages with Mash & Gravy  
 or Veggie Sausage with Mash & Gravy (Ve)  
 Choice of Filled Jackets or Tomato Pasta  
**Sliced Carrots, Garden Peas**  
 Toffee Apple Sponge with Apple Custard (V)

Roast of the Day with Roasties, Stuffing & Gravy  
 or Quorn Fillet with Roasties, Stuffing  
 & Gravy (Ve)  
 Choice of Filled Jackets or Tomato Pasta  
**Cabbage, Carrot Batons**  
 Chocolate Mousse with Mandarins (V)

THURSDAY

Mild & Sweet Chicken Curry with Rice (WG)  
 or Mac & Cheese (V)  
 Choice of Filled Jackets or Tomato Pasta  
**Rainbow Veg**  
 Banana Bread (V)

Breakfast for Lunch with Diced Potatoes  
 or Veggie Breakfast for Lunch with Diced  
 Potatoes (V)  
 Choice of Filled Jackets or Tomato Pasta  
**Baked Beans, Cooked Tomato**  
 Flapjack (Ve)

Chicken with Golden Vegetable Rice (WG)  
 or Mac & Cheese (V)  
 Choice of Filled Jackets or Tomato Pasta  
**Rainbow Veg**  
 Jammy Dodger Flapjack (Ve)

FRIDAY

Fish Fingers or Salmon Fish Fingers with Chips  
 or Quorn Hotdog with Chips (V)  
 Choice of Filled Jackets or Tomato Pasta  
**Baked Beans, Garden Peas**  
 Vanilla Ice Cream with Peaches (V)

Fish Fingers or Salmon Fish Fingers with Chips  
 or Garden Vegetable Goujons with Chips (Ve)  
 Choice of Filled Jackets or Tomato Pasta  
**Baked Beans, Garden Peas**  
 Vanilla Ice Cream with Banana (V)

Fish Fingers or Salmon Fish Fingers with Chips  
 or Quorn Dipper with Chips (Ve)  
 Choice of Filled Jackets or Tomato Pasta  
**Baked Beans, Garden Peas**  
 Vanilla Ice Cream with Fruit Cocktail (V)

08/01, 29/01, 19/02, 11/03, 01/04, 22/04, 13/05, 03/06, 24/06, 15/07

15/01, 05/02, 26/02, 18/03, 08/04, 29/04, 20/05, 10/06, 01/07, 22/07

22/01, 12/02, 04/03, 25/03, 15/04, 06/05, 27/05, 17/06, 08/07



Freshly baked bread, fresh fruit, yoghurts and fresh drinking water available daily

V - Vegetarian Ve - Vegan WG - Wholegrain