# Staffordshire

We have teamed up with Better Health Staffordshire to work towards our shared vision of encouraging children to make healthier food choices.

Check out our menu to see which day they've chosen to promote.





All pupils between reception and year 2 are entitled to a free nutritious school lunch.

Everyone automatically gets Universal infant FREE school meals and can benefit by £458 per child per year. If your child is in year 3 or above, find out if they could still qualify for a free school meal by contacting the school office.



## SPECIAL DIETS

If your child requires a special diet for medical reasons, please check out our website

www.edwardsandward.co.uk

for a full list of FAQs and to complete our online form.



January-July 2024

Staffordshire



edwards and ward

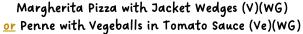




### WEEK ONE

MEEK LMC

#### WEEK THREE



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Choice of Filled Jackets or Tomato Pasta Green Beans, Sweetcorn

St Clement's Shortbread (Ve)



#### Penne with Beef Bolognese (WG)

<u>or</u> Veggie Cottage Pie (Ve)

Choice of Filled Jackets or Tomato Pasta Broccoli, Garden Peas

Apple Crumble (Ve)(WG) with Custard (V)

Roast of the Day with Roasties, Stuffing & Gravy or Homemade Veggie & Stuffing Roll with Roasties & Gravy (Ve)

Choice of Filled Jackets or Tomato Pasta

Cauliflower, Sliced Carrots

Chocolate Mousse with Pears (V)

Mild & Sweet Chicken Curry with Rice (WG)

or Mac & Cheese (V)

Choice of Filled Jackets or Tomato Pasta Rainbow Veg

Banana Bread (V)

Fish Fingers or Salmon Fish Fingers with Chips or Quorn Hotdog with Chips (V)

Choice of Filled Jackets or Tomato Pasta Baked Beans, Garden Peas

Vanilla Ice Cream with Peaches (V)

08/01, 29/01, 19/02, 11/03, 01/04, 22/04, 13/05, 03/06, 24/06, 15/07

Margherita Pizza with Jacket Wedges (V)(WG)

or Beany Chilli with Rice (Ve)(WG)

Choice of Filled Jackets or Tomato Pasta Green Beans, Sweetcorn

Lime Shortbread (Ve)

Cottage Pie or Veggie Chow Mein (Ve)

Choice of Filled Jackets or Tomato Pasta Broccoli, Garden Peas

Chocolate & Pear Sponge with Chocolate Custard (V)

Roast of the Day with Roasties, Yorkshire & Gravy or Roasted Butternut Squash with Roasties, Yorkshire & Gravy (V)

Choice of Filled Jackets or Tomato Pasta

Cauliflower, Sliced Carrots

Jelly (Ve)

Breakfast for Lunch with Diced Potatoes

or Veggie Breakfast for Lunch with Diced

Potatoes (V)

Choice of Filled Jackets or Tomato Pasta **Baked Beans, Cooked Tomato**Flapjack (Ve)

Fish Fingers or Salmon Fish Fingers with Chips or Garden Vegetable Goujons with Chips (Ve)

Choice of Filled Jackets or Tomato Pasta Baked Beans, Garden Peas

Vanilla Ice Cream with Banana (V)

15/01, 05/02, 26/02, 18/03, 08/04, 29/04, 20/05, 10/06, 01/07, 22/07

Margherita Pizza with Jacket Wedges (V)(WG)

or Penne with Veggie Bolognese (Ve)(WG)

Choice of Filled Jackets or Tomato Pasta Sweetcorn, Green Beans

Vanilla Iced Shortbread (Ve)

or Veggie Sausage with Mash & Gravy
Choice of Filled Jackets or Tomato Pasta

Sliced Carrots, Garden Peas

Toffee Apple Sponge with Apple Custard (V)

Roast of the Day with Roasties, Stuffing & Gravy
or Quorn Fillet with Roasties, Stuffing
& Gravy (Ve)

Choice of Filled Jackets or Tomato Pasta

Cabbage, Carrot Batons

Chocolate Mousse with Mandarins (V)

Chicken with Golden Vegetable Rice (WG)
or Mac & Cheese (V)

Choice of Filled Jackets or Tomato Pasta Rainbow Veg

Jammy Dodger Flapjack (Ve)

Fish Fingers or Salmon Fish Fingers with Chips or Quorn Dipper with Chips (Ve)

Choice of Filled Jackets or Tomato Pasta Baked Beans, Garden Peas

Vanilla Ice Cream with Fruit Cocktail (V)

22/01, 12/02, 04/03, 25/03, 15/04, 06/05, 27/05, 17/06, 08/07

