



# Subject Specific Vocabulary for P.S.H.R.E





## Year 1 Vocabulary



Engage with, Talk about, Explore, Ask questions, Recognise, Listen and respond, Find out about, Identify, Hear and respond, Listen to, Find out about

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
rules	consideration	healthy eating	impact	attitude	responsibility
difference	positive	germs	bullying	behaviour	safety
expectations	feelings	infections	name-calling	influence	risk
community	nervous	diseases	responsibilities	positive	Green Cross Code
environment	surprise	improve	by-standers	relation-ships	road safety
negative	fear	health and well-being	impulsive	reflect	workplace
harassment	recognise	positive life changes	considered	respect	money
self-respect	fear	benefits	behaviour	rules	spending
attitude	sensitive	exercise	peer pressure	views	
authority	others	fair	positive	opinions	
responsibility	co-operative	right	negative	consideration	
truthfulness	listen	wrong	secrets	decision-making	
trustworthiness	opinion	respect	surprises	independently	
kindness	reflect	similarities	risks	collaboratively	
generosity		differences	safety		
decision making		real-life choices			
collaborative		improve			

### Safe Zone Vocabulary

Keywords, Search engine, Technology, Ownership, Folder, Trusted adult, Empathy



## Year 2 Vocabulary



Engage with, Talk about, Explore, Ask questions, Recognise, Listen and respond, Find out about, Identify, Hear and respond, Listen to, Find out about

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
difference	reflect	choices	differences	relationships	contribute
right	share	healthy eating	choices	influence	enterprise
wrong	opinions	health	improve	positively	afford
common goals	identify	substances	health	negatively	choice
community	different	manage	physical activity	collaborate	recognise
relationships	relation-ships	risk	beneficial	responsible	spending money
consideration	strengths	personal hygiene	regular	recognise	common goals
sensitivity	weaknesses		activity	fair	
rules	real-life		physical changes	unfair	
apply	set goals			reflect	
	prioritise			respect	
				views	
				money	

### Safe Zone Vocabulary

Identity, Online, Email, Relationships, Healthy, Technology, Communicate, Information, Reputation, Responsibility, Negative comments, Search engine, Inappropriate, Copyright, Webpage



## Year 3 Vocabulary



Engage with, Talk about, Explore, Ask questions, Recognise, Listen and respond, Find out about, Identify, Hear and respond, Listen to, Find out about

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
ICT	fairness	recognise	cooperative	strategies	Negotiate
health and safety	consideration	similarities	manage	risk	present
collaborate	sympathise	differences	control	sensibly	views
common goals	empathise	strategies	local organisations	impact	physical activity
responsibly	influence	relationship	feelings relationship	responsibly	nutrition
Consequences	responsible choices	physically	balance	awareness	responsible choices
Community groups	consequences	mentally	empathise	changes	consequences
		respect	reflect	strategies	needs
		goals	actions	emergency	wants
		healthy lifestyle	emotions	consideration	media
					managing risk
					contribute

### Safe Zone Vocabulary

Identity, avatar, social media, emojis, acronyms, text speak, trust, online, belief, opinion, bullying, technology, password.



**Year 4**  
**Vocabulary**



Make links, Ask questions, Talk about, Raise questions, Show, Talk to, Find out about, Identify, Investigate, Compare and contrast, Explore, Make suggestions, Research, Consider, Enter imaginatively, Reflect

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
impact	sensitivity	stereo-typing	empathise	self-assess	appropriate
software features	challenges,	balance	consideration	identify	relationships
consequences	co-operatively	skills	views	positive	recognise
responsible choices	fairness	agreement	issues	feelings	stereo-typing
positive contribution	consideration	discussions	managing	contribute	issues
	strategies	appropriate	controlling	improve	challenge
	managing	relationship	feelings	future actions	discrimination
	controlling	discrimination	emotions	reflect	empathise
	feelings	safely		worth	needs
		form		responsible choices	wants
		maintain			set goals
		lifestyle choices			prioritise
					manage time
					manage resources
					money

**Safe Zone Vocabulary**

Describe, Strategies, Streaming, Gaming, Platform, Respectful, Online, Bullying, Reputation, Limit, Create, Content, Share, Judgement, Accurate, Impersonate, Identity, Perceive, Perception, Consent, Privacy, Private.