

WEEK ONE

WEEK TWO

WEEK THREE

MONDAY

Mac & Cheese (V) **or**
Mixed Bean Chili with Rice (Ve)(Wg)
Choice of Jackets, Sandwiches or Tomato Pasta
Rainbow Veg
Scoop of Vanilla Ice Cream (V)

Vegetable Lasagne (V) **or**
Lentil & Mushroom Keema Curry with Rice (Ve)
Choice of Jackets, Sandwiches or Tomato Pasta
Rainbow Veg
Scoop of Vanilla Ice Cream (V)

Pizza Mac & Cheese (V) **or**
Mild Sweet Potato & Chickpea Curry with Rice (Ve)
Choice of Jackets, Sandwiches or Tomato Pasta
Rainbow Veg
Scoop of Vanilla Ice Cream (V)

TUESDAY

Mild & Sweet Chicken Curry with Rice (Wg)
or Margherita Pizza with Jacket Wedges (V)
Choice of Jackets, Sandwiches or Tomato Pasta
Sweetcorn & Peppers, Cauliflower
Apple Crumble (Ve)(Wg) with Custard (V)

Chicken Paella (Wg)
or Margherita Pizza with Jacket Wedges (V)
Choice of Jackets, Sandwiches or Tomato Pasta
Sweetcorn, Green Beans
Apple & Pear Crumble (Ve)(Wg) with Custard (V)

Chicken Tandoori with Golden Rice (Wg)
or Margherita Pizza with Jacket Wedges (V)
Choice of Jackets, Sandwiches or Tomato Pasta
Sweetcorn, Green Beans
Peach & Pineapple Crumble (Ve)(Wg) with Custard (V)

WEDNESDAY

Roast of the Day with Roasties & Gravy **or**
Chickpea & Veggie Puff with Roasties (Ve)
Choice of Jackets, Sandwiches or Tomato Pasta
Broccoli, Sliced Carrot
Strawberry Jelly & Peaches (Ve)

Roast of the Day with Roasties & Gravy **or**
Homemade Veggie & Stuffing Roll with Roasties & Gravy (Ve)
Choice of Jackets, Sandwiches or Tomato Pasta
Cauliflower, Carrot Batons
Orange Jelly & Mandarins (Ve)

Roast of the Day with Roasties & Gravy **or**
Veggie Sausage Toad in the Hole with Roasties & Gravy (V)
Choice of Jackets, Sandwiches or Tomato Pasta
Cabbage, Sliced Carrot
Strawberry Jelly & Pineapple (Ve)

THURSDAY

Tuna & Pea Pesto Pasta (Wg)
or Penne with Tomato Super Sauce (Ve)
Choice of Jackets, Sandwiches or Tomato Pasta
Green Beans, Swede
Chocolate Mousse with Pears (V)

Penne with Chicken Meatballs in Classic Tomato Sauce (Wg)
or Penne with Classic Tomato Sauce (Ve)(Wg)
Choice of Jackets, Sandwiches or Tomato Pasta
Cabbage, Garden Peas
Banana Custard (V)

Chicken, Broccoli & Sweetcorn Pasta Bake (Wg)
or Penne with Beany Bolognese (Ve)(Wg)
Choice of Jackets, Sandwiches or Tomato Pasta
Swede, Shredded Carrots
Chocolate Mousse with Mandarins (V)

FRIDAY

Fish Fingers or Salmon Fish Fingers with Chips **or**
Falafel Wrap with Mint Yoghurt & Chips (V)
Choice of Jackets, Sandwiches or Tomato Pasta
Baked Beans, Garden Peas
Flapjack (Ve)

Fish Fingers or Salmon Fish Fingers with Chips **or**
Vegetable Marinara Sub with Chips (V)
Choice of Jackets, Sandwiches or Tomato Pasta
Baked Beans, Garden Peas
Chocolate Shortbread (Ve)

Fish Fingers or Salmon Fish Fingers with Chips **or**
Garden Vegetable Goujons with Chips (Ve)
Choice of Jackets, Sandwiches or Tomato Pasta
Baked Beans, Garden Peas
Iced Shortbread (Ve)

4/9/23, 25/9/23, 16/10/23, 6/11/23, 27/11/23, 18/12/23, 8/1/24,

29/1/24, 19/2/24, 11/3/24

11/9/23, 2/10/23, 23/10/23, 13/11/23, 4/12/23, 25/12/23, 15/1/24,

5/2/24, 26/2/24, 18/3/24

18/9/23, 9/10/23, 30/10/23, 20/11/23, 11/12/23, 1/1/24, 22/1/24,

12/2/24, 4/3/24, 25/3/24



Freshly baked bread, fresh fruit, yoghurts and fresh drinking water available daily



V - Vegetarian Ve - Vegan Wg - Wholegrain