



As a prime area of the Early Years Curriculum, PSED (Personal, Social and Emotional Development) is known to be a vital part of Early Learning. All key areas of the Early Years PSED curriculum are covered in creative and innovative ways within the Early Years 3D PSHE programme.



## It's All About... Taking Part!

Encouraging young children to participate and be actively involved in home, school and community life at an individual, group and class level, understanding how to behave appropriately in different situations.



## It's All About... Being Smart!

Encouraging young children to think carefully, to develop positive attitudes towards themselves and others, to recognise and have confidence in their own abilities and talents and to know how to manage personal hygiene, as well as keeping healthy and safe, linked to behaviour and potential consequences.



#### It's All About... Where to Start!

Encouraging young children to be confident, to show initiative in a range of different situations and settings and to develop strategies for how to solve problems and resolve conflicts.



## It's All About... Having Heart!

Encouraging young children to show sensitivity and compassion towards others, to manage their feelings, to develop positive, caring and respectful relationships with both children and adults and to cooperate and share willingly.



# Reception – PSHRE



	Neception - Porint	haping Excallence Together
Autumn 1	Spring 1	Summer 1
'Hide and Seek' having heart!	'Rainy Days' having heart!	'A Piece of Cake' being smart
show sensitivity to others' needs and feelings.	take account of one another's ideas about how to organise	ask appropriate questions of others.
form positive relationships with adults and other children.	an activity.	choose resources we need for our chosen activities.
'Nan's House' being smart	being smart	'Busy Body' having heart!
<ul><li>talk about how we and others show feelings.</li><li>having heart!</li></ul>	be confident to speak to others about our own needs, wants, interests and opinions.	take account of one another's ideas about how to organise an activity
<ul> <li>say why we like some activities more than others.</li> </ul>	talk about our ideas.	'The New Pet' having heart
'I Like' being smart	taking part	<ul> <li>talk about how we and others show feelings.</li> </ul>
be confident to speak to others about our own needs, wants,	be confident to speak in a familiar group	'Dressing Up' being smart
interests and opinions.	'I Feel Poorly' being smart	say when we do and don't need help.
'It's Your Turn' where to start	ask appropriate questions of others.	
take steps to resolve conflicts with other children by finding	'Clean and Tidy' being smart	
compromises.	talk about our own and others' behaviour and its	
taking part	consequences.	
<ul> <li>play cooperatively, taking turns with others.</li> </ul>	Bully Boy' being smart	
'What a Problem' where to start	talk about our own and others' behaviour and its	
begin to be able to negotiate and solve problems without	consequences.	
aggression.	0.1	0
Autumn 2	Spring 2	Summer 2
'Take the Plunge' being smart	'Family Fun' having heart!	'E-Safety, Be Safe'
be confident to try new activities.	show sensitivity to others' needs and feelings.	being smart
• say when we do or don't need help.	form positive relationships with adults and other children.     'One Gold Star' being smart	say when we do and don't need help.
'An Old Friend' taking part  initiate conversations, attend to and take account of what	describe ourselves in positive terms and talk about our	'Eid Mubarak!' taking part
others say.	abilities.	explain our own knowledge and understanding.
having heart	'All Join In' taking part	having heart!
<ul> <li>show sensitivity to others' needs and feelings.</li> </ul>	explain our own knowledge and understanding.	<ul> <li>show sensitivity to others' needs and feelings.</li> </ul>
form positive relationships with adults and other children.	'I'm Stuck' being smart	<ul> <li>form positive relationships with adults and other children.</li> </ul>
'Me and You' being smart	say when we do and don't need help.	'Playtime Games' taking part
describe ourselves in positive terms and talk about our	and don't nood noip.	<ul> <li>play cooperatively, taking turns with others.</li> </ul>
abilities.		being smart
'Stick to the Rules' taking part		talk about our own and others' behaviour and its
work as part of a group or class and understand and follow		consequences.
the rules.		'Litter Bug!' taking part
		play cooperatively, taking turns with others.
		being smart
		be confident to speak to others about our own needs, wants,
		interests and opinions.
		interests and opinions.  where to start
		interests and opinions.